



# PERSONAL CHEF SERVICES

## CUSTOMIZED PERSONAL CHEF SERVICES

I provide a weekly menu prepared for you/and your family based on your personal preferences. Before service, I conduct an initial assessment to get to know each other and go over your food choices for you and your family. After the assessment, I create a customized menu and schedule a cook date to deliver your meals. They will be prepared and packaged with any appropriate heating instructions.

\*pricing starts at \$300 per session plus the cost of groceries. Larger orders may increase pricing.

3 dinners (4 servings each) ~1 soup~2 salads~2 salad dressings~desserts upon request

## VEGAN AND VEGETARIAN MENUS AVAILABLE

### SPECIAL DIETS

**I CAN ACCOMMODATE ALL DIETARY RESTRICTIONS. HOWEVER, SOME MAY TAKE MORE TIME PLANNING AND PREPARATION. THEREFORE PLEASE INQUIRE ABOUT PRICING IF YOU MAY BE INTERESTED IN THESE SERVICES.**